

Current offers for 2023:

Counseling for individuals with a refugee background and migration experience.

Resources strengthening art therapy for children with refugee experience at the Mörike School.

Our mission is centered on providing psychological counseling and care to traumatized refugees. Our goal is to foster a supportive environment that helps them overcome the enduring effects of the traumas they've endured in their lives. We've gained valuable insights from our clients, witnessing their incredible resilience as they navigate their migration and refuge experiences.

We're determined to build upon the insights gained from the transcultural tandem consultation (funded by AMIF) by fostering partnerships with like-minded organizations. This commitment ensures we continue our mission of aiding refugees in stabilizing their lives, particularly those who have endured trauma in their home countries, during their journey, or due to their uncertain residency status. Our holistic approach includes self-help exercises, relaxation techniques, and creative exercises, complemented by our regular art therapy programs in collaboration with the German classes at Nürtinger Mörikeschule.

We understand that refugees face not only past traumas but also daily challenges and future uncertainties. Our psychosocial support aims to help individuals shape their everyday lives and strengthen their positive resources.

In partnership with our linguistic and transcultural consultants, we enable refugees to express their worries, unique burdens, and life challenges in their native language. This support boosts their confidence and sense of security in Germany. Additionally, providing psychological counseling in their native language or with language partners enhances their ability to recover from trauma's effects. Our multicultural team is well-trained to provide this assistance.

We also prioritize the mental health of our dedicated staff, ensuring they can provide the best possible support to traumatized refugees.

We take pride in being a vital part of the journey toward a new life, where suffering and pain don't dominate. Furthermore, we're open to collaboration with anyone—whether working full-time or as volunteers—dedicated to

helping refugees access and secure their resources, paving the way to a hopeful and better future.

To Schedule an Appointment:

Phone: 07022 2096-180 (Answering Machine - Please leave a voice message if we are unable to answer your call promptly).

Email: info@pntf.de

We are supported by:

The Federal Program for Counseling and Support for Foreign Refugees (through the Paritätischer Gesamtverband).

The "Refugee Assistance Fund" in the Diocese of Rottenburg-Stuttgart.